# CONSUMER SURVEY: HOPE SUPPORT

### 1. How comfortable did you feel with your HOPE clinician?



# 2. How comfortable did you feel with your HOPE Psychiatrist?



# 3. How did you feel throughout support stage of the HOPE program?



My HOPE worker offered a safe, contained space during my recovery. HOPE was available to me outside of scheduled appointments. I was experiencing a lot of distress, anxiety, HOPE helped me create a life worth living.

73%

• I experienced exceptional support from my case worker but my MSE (Medical review) with the consultant psych was more than two hours long and triggered a very severe episode of acute suicidality. The stronger emotion was more about my emotional state at the time than my service experience.



# Validated Understood

Agitated **I** I Irate Overwhelmed

Included involved

Determined Anxious Exhausted Judged Confirmed

Lighter \_ Empowered Heavy

RelievedVulnerable

Supported

<u>Positives</u> 🔶 Helpful specifically at the start

#### <u>Challenges</u> 送

• Session with Consultant too long and triggering

- Lost momentum as it went on
- Confusing unstable time

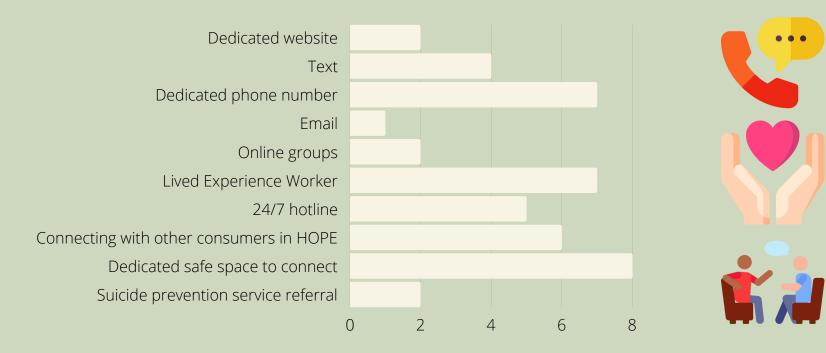
Disconnected

Hopeful

Guided

- I felt very respected and supported. My worker helped me identify where I was doing better in parts of my life and that while it may have been slow some weeks. It made me feel more hopeful every time we met
- My clinician was great. I felt hopeless and angry at the start but she was supportive in all the right ways and helped me find some of my own inner strength.

# 4. What do you think would be helpful at the 'support' stage?



## 5. Anything Else?



• We need more HOPE services and more people need to know of its availability.

• Do you think that the Hope program should be longer than 3 months?