CONSUMER SURVEY: HOPE SUPPORT

1. How comfortable did you feel with your HOPE clinician?



2. How comfortable did you feel with your HOPE Psychiatrist?



3. How did you feel throughout support stage of the HOPE program?



My HOPE worker offered a safe, contained space during my recovery. HOPE was available to me outside of scheduled appointments. I was experiencing a lot of distress, anxiety, HOPE helped me create a life worth living.

73%

• I experienced exceptional support from my case worker but my MSE (Medical review) with the consultant psych was more than two hours long and triggered a very severe episode of acute suicidality. The stronger emotion was more about my emotional state at the time than my service experience.



Validated Understood

Agitated **I** I Irate Overwhelmed

Included involved

Determined Anxious Exhausted Judged Confirmed

Lighter _ Empowered Heavy

RelievedVulnerable

Supported

<u>Positives</u> 🔶 Helpful specifically at the start

<u>Challenges</u> 送

• Session with Consultant too long and triggering

- Lost momentum as it went on
- Confusing unstable time

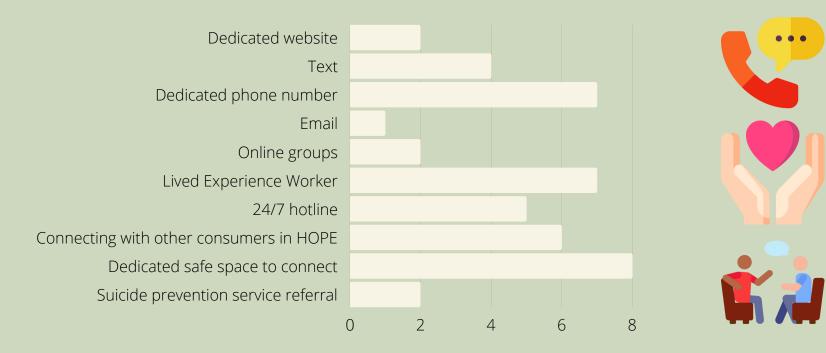
Disconnected

Hopeful

Guided

- I felt very respected and supported. My worker helped me identify where I was doing better in parts of my life and that while it may have been slow some weeks. It made me feel more hopeful every time we met
- My clinician was great. I felt hopeless and angry at the start but she was supportive in all the right ways and helped me find some of my own inner strength.

4. What do you think would be helpful at the 'support' stage?



5. Anything Else?



• We need more HOPE services and more people need to know of its availability.

• Do you think that the Hope program should be longer than 3 months?